

Be Not Afraid.



*“I plead with you—
never, ever
give up on hope,
never doubt,
never tire, and
never become
discouraged.*

Be not afraid.”

—St. John Paul II

Dear Friends,

Be Not Afraid. For many of us, as Catholics, this simple phrase is a reminder of the wonderful Catholic hymn that provides us the relief of knowing that God “goes before us always”.

In 2020, ***Be Not Afraid*** has taken on new meaning. It serves as a reminder of the fears that have surrounded our world and our country. It strikes a resounding chord, that we are in the midst of an invisible virus that has taken countless lives across the globe, this country and our community. A reminder of the economic troubles facing Americans now and the years ahead, the racial tension that has plagued cities across the U.S. and the division that is more evident in this 2020 election season.

But Saint John Paul II takes this simple statement, ***Be Not Afraid***, and unites our fears with God’s message of infinite hope.

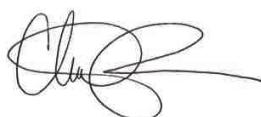
During this challenging time, what our fears have in common is a lack of **connection**. COVID-19 has physically separated us from one another, the racial tension is a signal of our inability to connect in the present and the growing contemptuous political divide is a symbol of the increasing lack of human connection.

This Bi-Annual Report serves as an **invitation**. An invitation to know what we have learned in our almost 90 years of service to this community; that the greatest connections are achieved through service and that the best way to alleviate our own fears is to ease the fears of others.

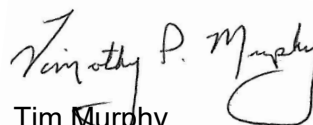
Over the past two (2) years, in the wake of an unspeakable local tragedy, the 2019 Municipal Center Shooting, and the COVID-19 pandemic, Catholic Charities of Eastern Virginia chose to serve with a humble heart. We serve, as we always do, regardless of race, religion or politics. We chose to serve because we are Catholic.

We hope that you will accept our invitation to serve alongside us and support our work. Your support is as critical now as it has ever been. More importantly, we hope you accept this Bi-Annual Report as an invitation to “never ever give up hope, never doubt, never tire and never become discouraged... ***Be Not Afraid.***”

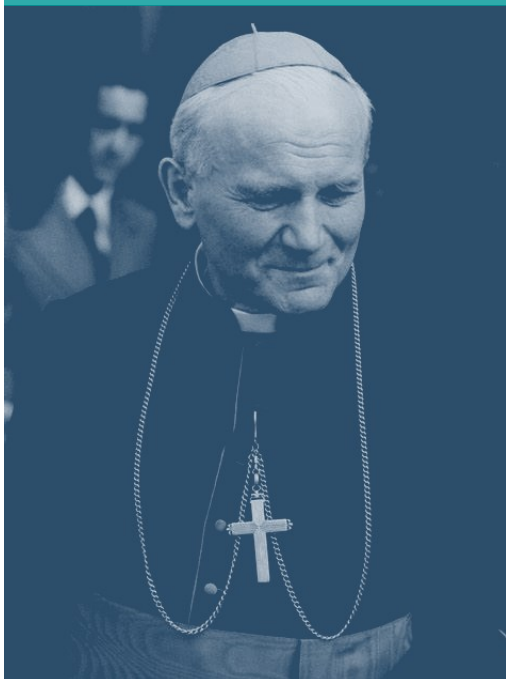
Yours in Christ,



Christopher Tan
CEO



Tim Murphy
Board Chair



1,671



Counseling sessions were provided by our Mental health department

8,194



hours of respite care were provided to give full-time caregivers a break.

\$245,849



dispersed in Financial Assistance to pay rent, mortgage & utilities,

374



Clients received financial counseling & education to build savings, improve credit, become a homebuyer or prevent foreclosure

9,377



Total families served

368



Mothers served through our Pregnancy Support program

2019 - 2020: By the Numbers

5,115



Clients served through our Community & Health Services

98%



of Life Coach Patients who were connected to affordable primary care did not return to the emergency room for primary care.

45,000 +



diapers distributed to families in need

264



Adult and senior care clients were protected from abuse and financial exploitation

532



Hours of adoption and post-adoption support services

6,009



hours of companion care were provided to seniors to help them maintain their independence

Never Give Up Hope

MENTAL HEALTH

CCEVA's mental health department provided counseling to more than 300 individuals last year. The program charges fees on a sliding scale according to income level to make the care affordable and accessible to all families. CCEVA also offers subsidies for families who cannot even afford our sliding scale through the Mother Teresa program. Last year more than 300 sessions were subsidized for those in need.

In March, when the pandemic hit, CCEVA worked to move its counseling sessions to a tele-health platform in order to continue to provide this vital service. Thanks to grants from The United Way of South Hampton Roads and the Sentara Health Foundation, our counselors received iPads and the agency was able to purchase HIPPA-compliant software in order to effectively counsel over the internet. Although we are now back

to offering in-person counseling (carefully distanced and masked), we will continue to provide tele-health as an option indefinitely. This technology has been invaluable and has aided in our counselor's work to prevent several teen suicides recently.

How can I help?

Make a tax-deductible donation by visiting our website: www.cceva.org/donate or by calling our Director of Development and Strategic Planning, Rebecca Irizarry, at 757-456-2366 Ext. 1015

\$10 a month supports six hours of mental health counseling



VB STRONG—ANSWERING THE CALL



After the tragic mass shooting on May 31st, 2019 at the Virginia Beach Municipal Center, CCEVA was asked to provide disaster case management services to the families of the victims and the surviving employees. Our case managers helped the families navigate through paperwork, find valuable resources for their mental health, deal with finances and provided support. More than 2,000 hours of case management were provided to the families who lost loved ones or were injured on May 31, 2019.

CCEVA also coordinated communication between the city, the families, law enforcement and community members looking for ways to support the families. We were honored to be a part of helping these families heal and to coordinate services for those affected. In October staff attended the dedication of the VB

Strong Resiliency Center. The center is a partnership between the City of Virginia Beach and Sentara Healthcare to ensure that everyone affected by the VB municipal center tragedy has a place to come and begin to heal. CCEVA is proud of its role to provide help and peace during disasters in our community.

ASPIRE UPDATE

Aspire, a Mobility Mentoring®-informed partnership, is a coaching program designed to help women reach economic self-sufficiency over the course of three years. The program is funded by Women United, a group of more than 750 women in Hampton Roads who are committed to helping women and children reach their potential. CCEVA has one mobility mentor on staff and the program has another mentor at ForKids. Currently, CCEVA serves 18 women in south Hampton Roads focusing on goals related to greater family stability, better health, economic



“I have been in the program for 10 months and my life has changed drastically... I really hope someday that I can inspire someone and become a blessing in someone’s life like Erika and the Aspire program have been to me.”

—Alexis, Aspire participant

Alexis entered Aspire in May 2019. Alexis is a single Mom of two children. She works as a Community Health Coordinator for cancer patients. Upon entering Aspire, Alexis enrolled in financial and housing counseling with a long term goal to purchase a home. The first step of financial counseling

required Alexis to track her spending. After 30 days of tracking where every dollar went, it exposed that she was \$1200 in the red every month. In less than 60 days of goal planning with the Aspire Mentor and the Financial Housing Counselor, Alexis reduced costs/spending to being \$200 in the red and within 90 days controlled her budget to allow her to save.

She is presently building her savings. She is contributing \$50 each month into her matched savings account and contributing another \$50 per month into her personal savings account. Alexis has been intentional and committed to utilizing available resources, her goals and her family. She is making great strides to that long term goal of owning her own home.

“Alexis is a warrior and I have no doubt that she will be receiving her bachelor’s degree after she graduates from the Aspire Partnership. She is a testament to fearlessness and strength.”

—Erika, Mobility Mentor

IN MEMORIAM



Never Doubt

LIFE COACH PROGRAM

CCEVA's Life Coaches work in local emergency departments to help the uninsured find free or affordable primary care in order improve their health and to avoid using the ED for primary care needs. CCEVA's program is incredibly successful—preventing 98% of those served from returning to the ED for primary care. The program helps the clients take better care of their health and allows the hospital to focus on true emergency care.

One of our Life Coach clients had a string of successful steps forward, until his situation began to worsen in early 2020. The home that he was renting went into foreclosure and he also found out that he would need surgery.

Even amidst the outbreak of the coronavirus, the Life Coaches were able to help the client move into a Home Health Facility where he could receive around-the-clock care, transportation, and a stable housing. Having an advocate made all the difference in his health and well-being.



COMPANION CARE

In February 2019, Catholic Charities of Eastern Virginia started our Companion Care Pilot Program, offering non-medical caregiving services to meet the needs of seniors and disabled adults in the comfort of their own homes.

Our goal is to help individuals of all different backgrounds, cultures, and states of health to “age in place” in the comfort of their own homes for as long as possible. CCEVA's caregivers provide services such as safety monitoring, medication reminders, running errands, transportation, cooking, light housekeeping, and overnight assistance.



Our Companion Care workers have provided more than 6,000 hours of service to 48 seniors!

Never Tire

PUBLIC GUARDIANSHIP

Did you know?

The Franciscan Sisters of St. Joseph care for two of CCEVA's Guardianship clients.

*Pictured at right:
Sister Scholastica and Sister Perpetua accept a donation of food for the home from Women United's Stone Soup event.*



Over the past two years, CCECA has provided Guardianship services to 143 adults. These adults have been deemed mentally incapacitated by the courts and have no family to care for them.

In their role as Guardian, our case workers provide for all of their client's needs, including: finding appropriate and affordable housing, managing their physical and mental well-being, purchasing food and clothing, paying all of their bills and generally treating them as they would a family member.

Recently our case workers were able to reunite one client with her family after many years of separation.

After being discharged from a local hospital our client was relocated to a nursing facility closer to her guardian at Catholic Charities. The client's official state documents noted that she had no relatives and all attempts by the guardian to contact possible children of hers had proved fruitless.

One evening the guardian received a phone call from the nursing facility regarding her medical needs. While discussing this, the nurse at the facility asked the guardian if she had heard about the client's son coming to visit her. The gentleman

had come in to visit his wife, who was also being cared for at the same facility. When the receptionist noticed the last name, she asked if he was there to see CCEVA's client as they shared the same last name.

He replied that that was his mother's name, but she had died years ago. The receptionist told him that not only was she alive, but she was at the facility!

She then reunited the son with his mother. It was a joyful and emotional reunion, and she now enjoys visits by her two sons and daughter every week.

CCEVA is proud to provide both Public and private Guardianship services to adults in need throughout southeastern Virginia.

How can I help?

Support our Guardianship services by donating your vehicle—no matter what condition!

Call 757-456-2366, ext. 1015 for more information

Never Become Discouraged

PREGNANCY AND PARENTING SUPPORT

Katie became pregnant with her second child while enrolled in Catholic Charities of Eastern Virginia's Parenting Support Program. She was told by her doctors that it would be dangerous to carry to term because of a pre-existing health condition. Katie was understandably afraid, but heroically chose life for her baby despite the medical risks.

During her pregnancy, Catholic Charities provided Katie with clothing and diapers for both of her sons. Then, her Case Manager connected her with our Financial and Housing Counseling Department. Since Katie was high risk, she was unable to safely use the stairs to get to her second story apartment. She received doctor orders to move to a first story home to protect the health of her and her baby, but her leasing office was giving her difficulties. Thankfully, one of our Housing Counselors was able to advocate for the client's fair housing rights with her leasing office in order to get the client out of her lease and into a safer home.

As Katie continued working with the Pregnancy Support Case Manager, she opened up about some of her past struggles. Due to her first pregnancy, she was never able to complete high school. To make matters worse, she had a fourth grade reading and math level, so she was not eligible for GED classes. Not only did this make it difficult for Katie to find a job, but it was also a source of embarrassment for her. She shared that she was determined to not give up on her dream and earn her diploma for herself and her children. Katie's Case Manager was able to find a literacy program through



Peninsula Reads so that she could improve her reading and math skills with one-on-one tutoring.

In July, Katie gave birth to a healthy baby boy! We are so in awe of Katie's courage and strength in the midst of so many obstacles.

Now that she had her baby, Katie plans to begin the math and reading tutoring so she can eventually enroll in a free online high school diploma program through the Public Library. Furthermore, she has joined our new S.T.R.O.N.G. (supported, trustworthy, ready, open, nurtured and growing) Moms Support group to meet other brave women like herself who can walk with her in her parenthood journey.



How can I help?



Host a baby shower with friends, family, co-workers or a civic group to collect supplies and provide support to pregnant women



Coronavirus Response— Doing MORE Than Ever Before



CCEVA made \$133,694.94 in payments to landlords to keep 215 families in their homes



We distributed more than 20,000 diapers to families in crisis due to COVID-19



Staff delivered food to over 50 households every week from March to June



CCEVA has provided 336 hours of mental health counseling since the onset of the pandemic

Behind the stats: The above numbers represent of our work from the onset of the pandemic, March 15th, to the end of the fiscal year, June 30th.

THE ST. JOSEPH FUND

When coronavirus began to heavily affect our country and community, CCEVA decided to take action and created a COVID-19 response fund. The St. Joseph Fund was created to help those financially affected by the pandemic remain stable by paying rent, mortgage and utility payments.



ENDLESS GENEROSITY

Rob and his family (pictured left) have delivered groceries and diapers to our offices every week throughout the pandemic! We are so inspired by his family's selfless giving to ensure families in need were supported during this time of crisis.



HUNGER HERO AWARD

In August, the FoodBank of the Virginia Peninsula presented CCEVA with a "Hunger Hero" award for the agency's efforts to take on new services to deliver food to vulnerable seniors and the homebound during the pandemic.



FOOD PANTRY ASSISTANCE

Several church food pantries were in jeopardy of closing their doors once the pandemic hit due to loss of volunteers. CCEVA sent staff to man the pantries weekly so that families could continue to receive the critical assistance throughout the pandemic.

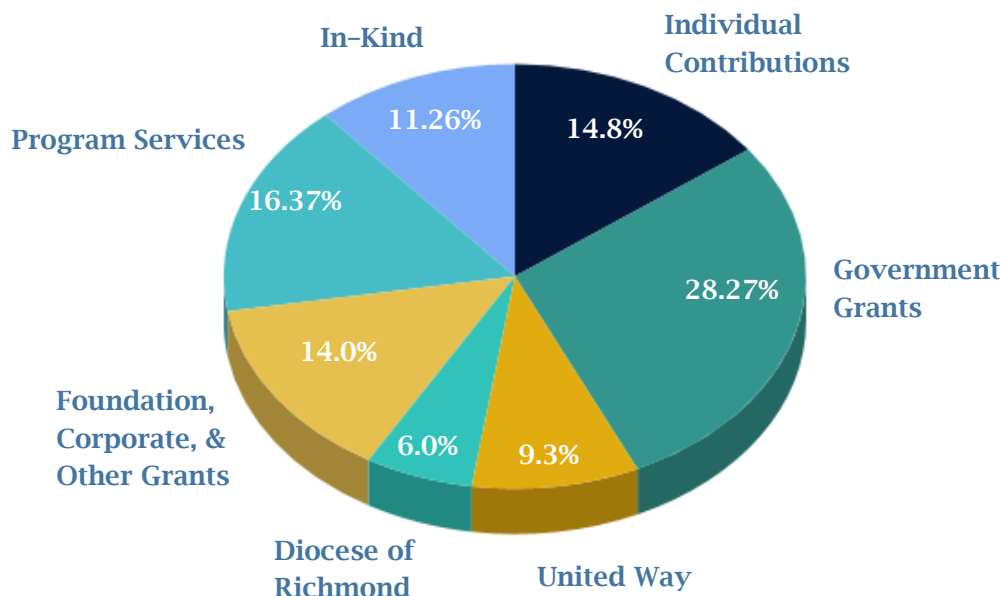


*Special Thanks to
our Donors &
Partners*

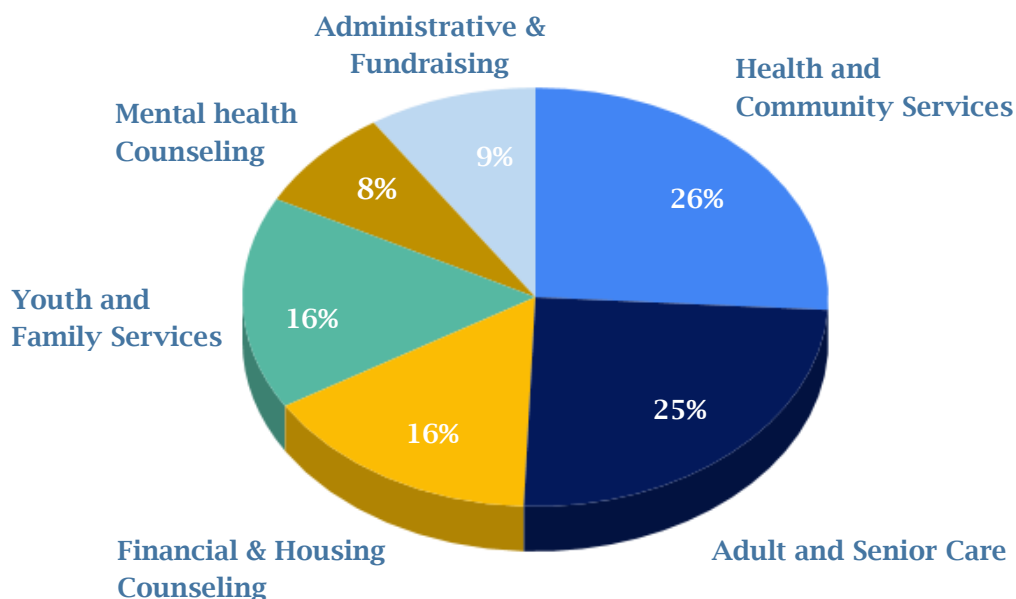
- Alzheimer's Association
- Bon Secours Mary Immaculate Hospital
- Bon Secours Virginia Health System
- Capitol One
- Catholic Charities USA
- Catholic Diocese of Richmond
- Catholic Parishes of Eastern Vicariate
- Chesapeake Regional Medical Center
- City of Virginia Beach
- Edward T. Bedford Foundation
- Emergency Food and Shelter Program (EFSP)
- Foodbank of Southeastern Virginia
- Foodbank of Virginia Peninsula
- ForKids
- Greater Hampton Roads Diaper Bank
- Hampton NN CSB
- Hampton Roads Community Foundation
- Hampton Roads Housing Consortium
- Heartbeat International
- Knights of Columbus Local Councils
- Peninsula Agency on Aging
- Peninsula Community Foundation
- Newport News, Norfolk, Chesapeake Redevelopment & Housing Authority
- Senior Services of Southeastern Virginia
- Sentara Health Foundation
- Southeastern Virginia Homeless Coalition
- TeleVideo Productions
- Tidewater Crisis Pregnancy Centers
- TowneBank
- United Methodist Family Services
- United Way of South Hampton Roads

**TOTAL REVENUE:
\$3,040,241.20**

REVENUE



EXPENSES



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