



2023 Annual Report



*“God is the foundation of hope, not any God,
but the God who has a human face”*

-Pope Benedict XVI



INSPIRING HOPE, CHANGING LIVES

Adoption & Post Adoption

- Pregnancy Counseling**
- Domestic & International Adoption**
- Search & Disclosure Services**
- Home Study Services**
- Post Adoption Education & Support**

101 Families served

The Pocta family welcomed their son, Luka, into their lives this year through CCEVA's adoption program. Despite the challenges often associated with the process, Cristina, the new adoptive mother, is incredibly thankful for the support provided by CCEVA staff. CCEVA continues to facilitate meetings between Luka's birth mother and the Pocta family as part of their commitment to maintaining an open adoption. **CCEVA also provides post adoption support to help families thrive!**



Health & Community Services



One of the joys of working with seniors is having the opportunity to hear client's life stories. Miriam works with seniors to provide companionship and respite for families who are caring for a loved one 24/7. Miriam cherishes the moments when she witnesses flashes of long-term memory recall, particularly in dementia patients when the right questions are asked. During one visit, Miriam brought a book that sparked a conversation with Alice about her career as a Cartographer. Reflecting on their time together, Miriam recounts numerous other treasured memories shared between them. **CCEVA served 184 senior care clients in 2022-2023.**

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More than 6,000 hours of senior care provided

In-Home Respite & Companion Care for Seniors

Life Coach Services— connecting those with chronic conditions to primary care

1,999 Life Coach clients served

Mental Health Counseling

1,920 counseling sessions provided
483 families served

- Counseling for Children, Teens & Adults**
- Marriage & Couples Counseling**
- Telehealth Counseling**

CCEVA completed our three-year strategic plan in June of 2023. In the next three years, in response to incredible community need, CCEVA is committed to ensuring greater access to affordable mental health services and has a goal of doubling our pre-pandemic mental health counseling sessions.



7,983 FAMILIES SERVED

Financial & Housing Counseling

- Budget & Credit Counseling
- First-Time Homebuyer Counseling
- Mortgage Default Prevention Counseling
- Financial Education Classes
- Financial Assistance

\$445,200 distributed in eviction prevention for families in need

CCEVA is proud to partner with Virginia Housing in preparing first-time homebuyers. This year we were able to help Atalaya achieve her dream of homeownership and show her daughter that “when the going gets tough, the tough get going”. Ten years ago, she and her daughter fled a domestic violence situation and found themselves homeless. “To own our own home personifies the scripture Ephesians 3:20” she said, “Now all glory to God, who is able, through his mighty power at work within us, to accomplish infinitely more than we might ask or think.” ***This last year, CCEVA helped 26 families realize their dream of homeownership and helped a total of 1,898 families with financial and housing counseling.***



Family Engagement & Mobility Services

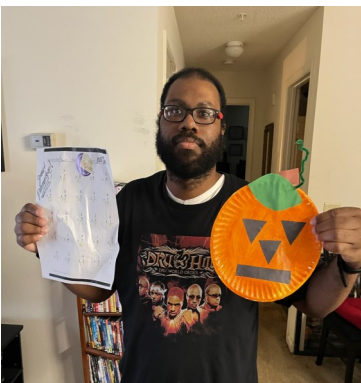


Since May 2021, Malika has increased her credit score by 100 points. She has also increased her annual income by more than \$15,000+. Another notable achievement Malika has made in the program is having the highest credit score (750+)! Her long-term goal is to obtain her Bachelor’s degree in HealthCare Management. ***CCEVA’s mentoring programs provide one-on-one coaching to help women who are parenting reach economic stability.***

- Aspire & Strive Mobility Mentoring
- Pregnancy & Parent Support
- Grandparents as Parents

561 families provided with Pregnancy & New Parent Support, baby supplies and clothing
More than 62,000 diapers distributed

Adult & Senior Care Services



Catholic Charities was appointed Trent’s guardian when he was 18. The group home where he lived wanted to place him in a nursing facility due to having ongoing seizures. Trent’s case manager worked tirelessly to get help with his seizures and arranged for him to live with his aunt. Trent flourished and graduated with honors in the special education curriculum. Now 32, he has lived in an apartment for 3 years and is thriving at his Day Support Program. He brags of his A’s received in math, and enjoys the crafts and interaction with other attendees. ***CCEVA’s Guardianship program serves those deemed incapacitated by the courts who have no family able to care for them.***

354 clients served

- Guardianship
- Conservatorship
- Representative Payee

2022—2023 Highlights



In November of 2022, CCEVA celebrated our 90th anniversary with a Gala held at the Marriott, Virginia Beach Oceanfront. More than 350 supporters, donors, and parishes joined us for a great evening celebrating 90 years of service to families in the Hampton Roads region.



In March, Bishop Knestout presided over our annual Memorial Mass for our clients at our main office in Norfolk. After Mass, Bishop Knestout blessed the building and our office spaces, and joined us for a reception.

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For the Thanksgiving and Christmas holidays,

CCEVA provided food and gifts for more than 350 individuals and families with the help of local parishes, volunteers, the Knights of Columbus, the Virginia Beach Mounted Patrol and many local businesses.

Significant Achievements & Outcomes



- *170 goals achieved by mentoring participants (83% of goals set)*
- *80% of long-term clients increased credit score by an average of 77 points*
- *Annual incomes increased by an average of \$13,245.24*
- *More than 1,230 budget, credit and financial counseling sessions provided*
- *\$445,200 distributed to prevent evictions and stabilize families in need*
- *561 pregnant women and new parents received mentoring support, resources, clothing and diapers for their children*
- *More than 200 disabled seniors and adults were kept safe from abuse and neglect*

Strategic Plan Completed (2024-2026)

With generous support from Virginia Housing, CCEVA underwent a rigorous strategic planning process to lead the organization through the next three years. Utilizing the community needs assessment, CCEVA identified three main areas of need in our community where there are significant gaps in service. CCEVA has created aggressive goals to serve those needs and help fill the identified gaps.

MISSION

Grounded in faith, Catholic Charities of Eastern Virginia serves all, providing professional services, and inspiring hope.

VISION

Catholic Charities of Eastern Virginia enables a community where basic human needs are met, and every person's life is held sacred.

Strategic Statement

By the end of fiscal year 2026, Catholic Charities of Eastern Virginia will strategically focus on expanding in three specific areas that have been identified in our community as needs: Mental Health Services, Economic Mobility Services, and Financial and Housing Counseling Services. We will also evaluate our other programs and infrastructure to assess overall effectiveness in reaching identified strategic goals and fiscal responsibilities.

Goal 1: Mental Health Services

Double pre-pandemic mental health services to 4,000 clinical counseling sessions annually and grow our school assistance program to ten local schools.

Goal 2: Economic Mobility Services

Expand our economic mobility services to intensely engage 100 families and increase our geographic reach beyond south Hampton Roads.

Goal 3: Financial & Housing Counseling

Increase our Financial & Housing Counseling capacity by adding two additional HUD-certified counseling positions to increase services by 50%

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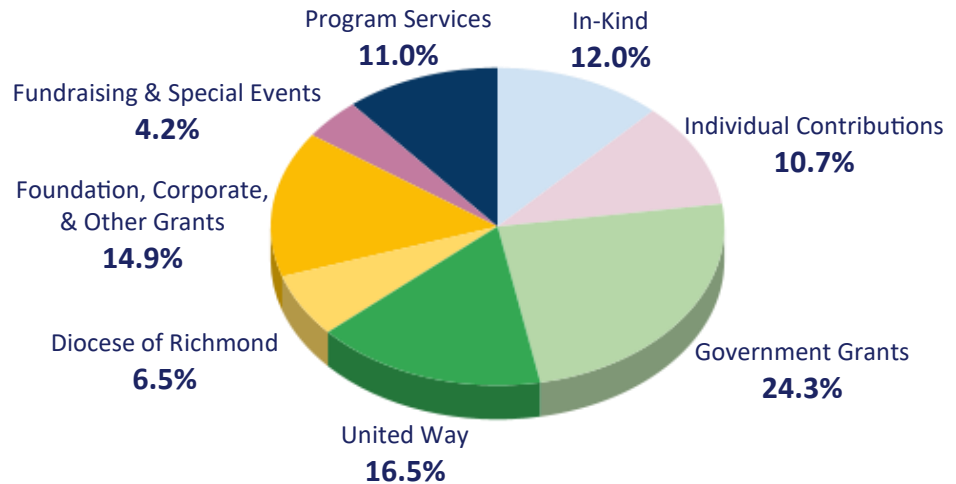
Cameron Meals

Jeff Robertson

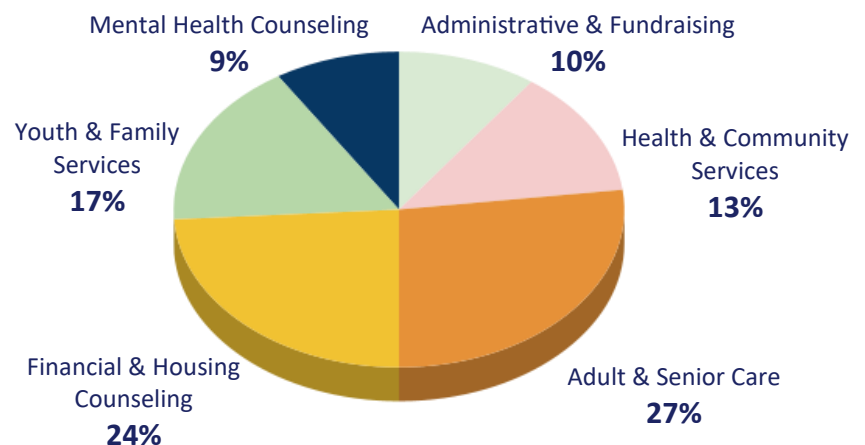
Brett Sierra

Henry Smith

TOTAL REVENUE: \$3,379,310



TOTAL EXPENSES: \$3,494,071



STAY IN TOUCH

Administrative Office

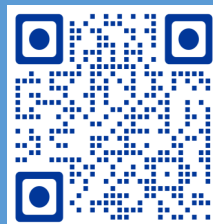
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